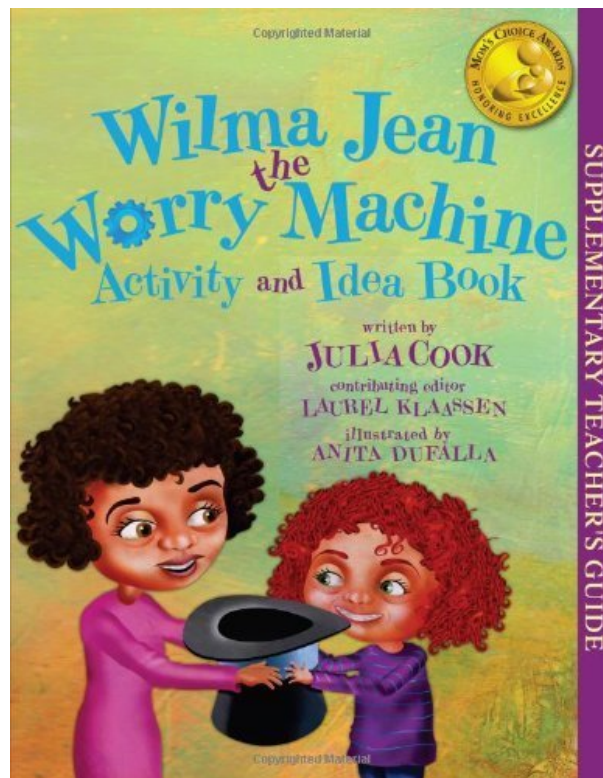
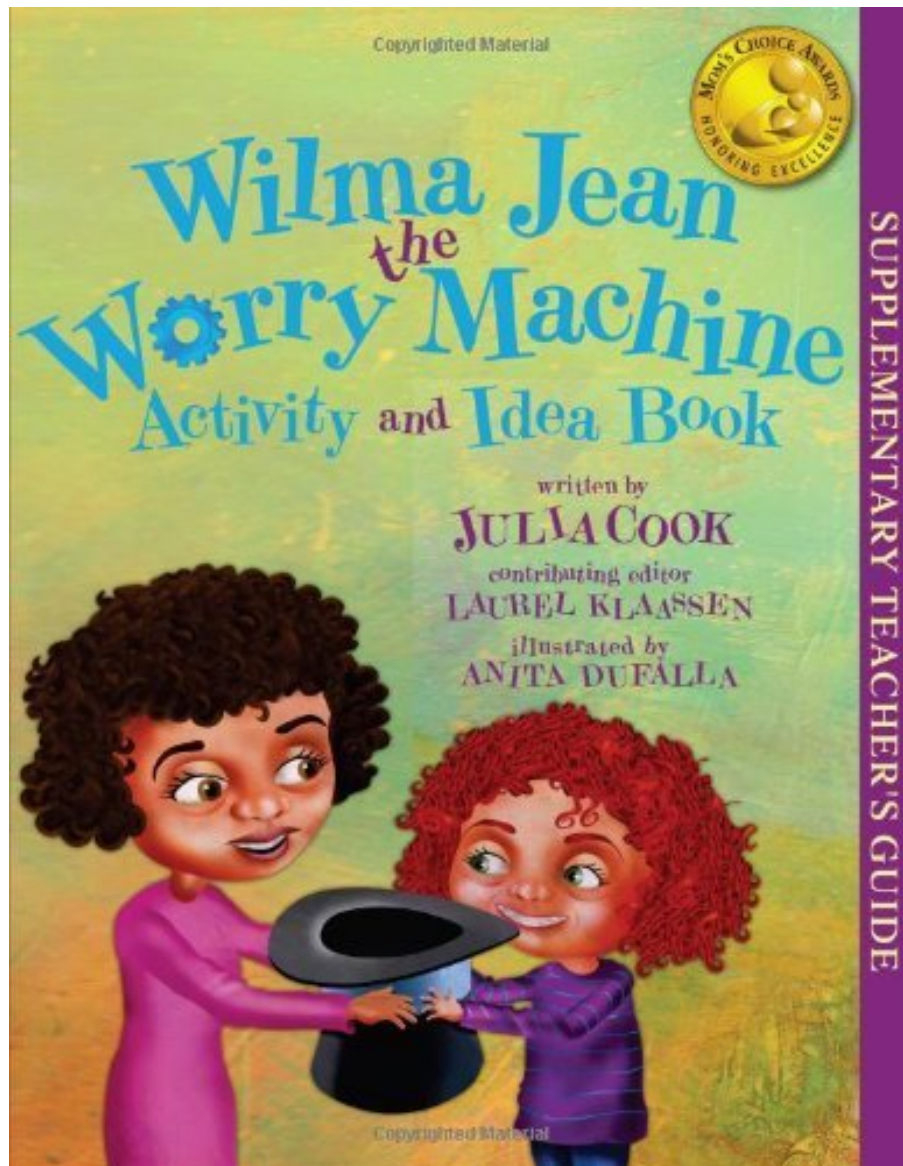


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Good topic, less than great message

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As an elementary school counselor, I use several of Julia Cook's books for classroom guidance lessons and with individual students and they are mostly great! This one, however, isn't going to make the cut because most of the solutions offered to the anxious main character are unrealistic or place the responsibility on adults. There are better books out there to help kids with worries and anxiety.

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By Complimentary

Great kids book, but wish the parts of the book that rhymed had some better follow thru (a few sentences rhyme then a non-rhyme sentence, then back to a rhyming sentence in the same paragraph... not that I expect the book to rhyme).

I like how it has a good overview of kids anxiety & how it can be dealt with.

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