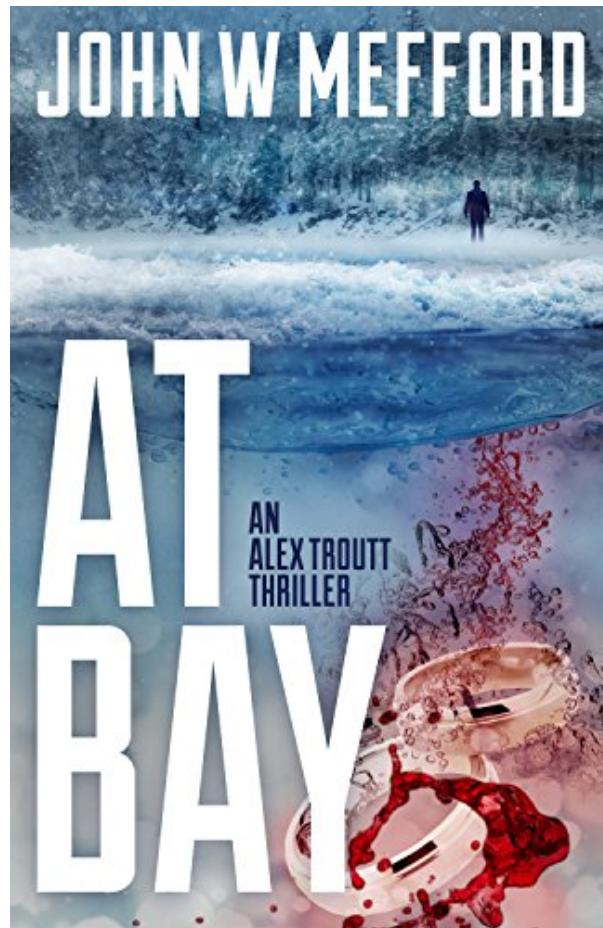
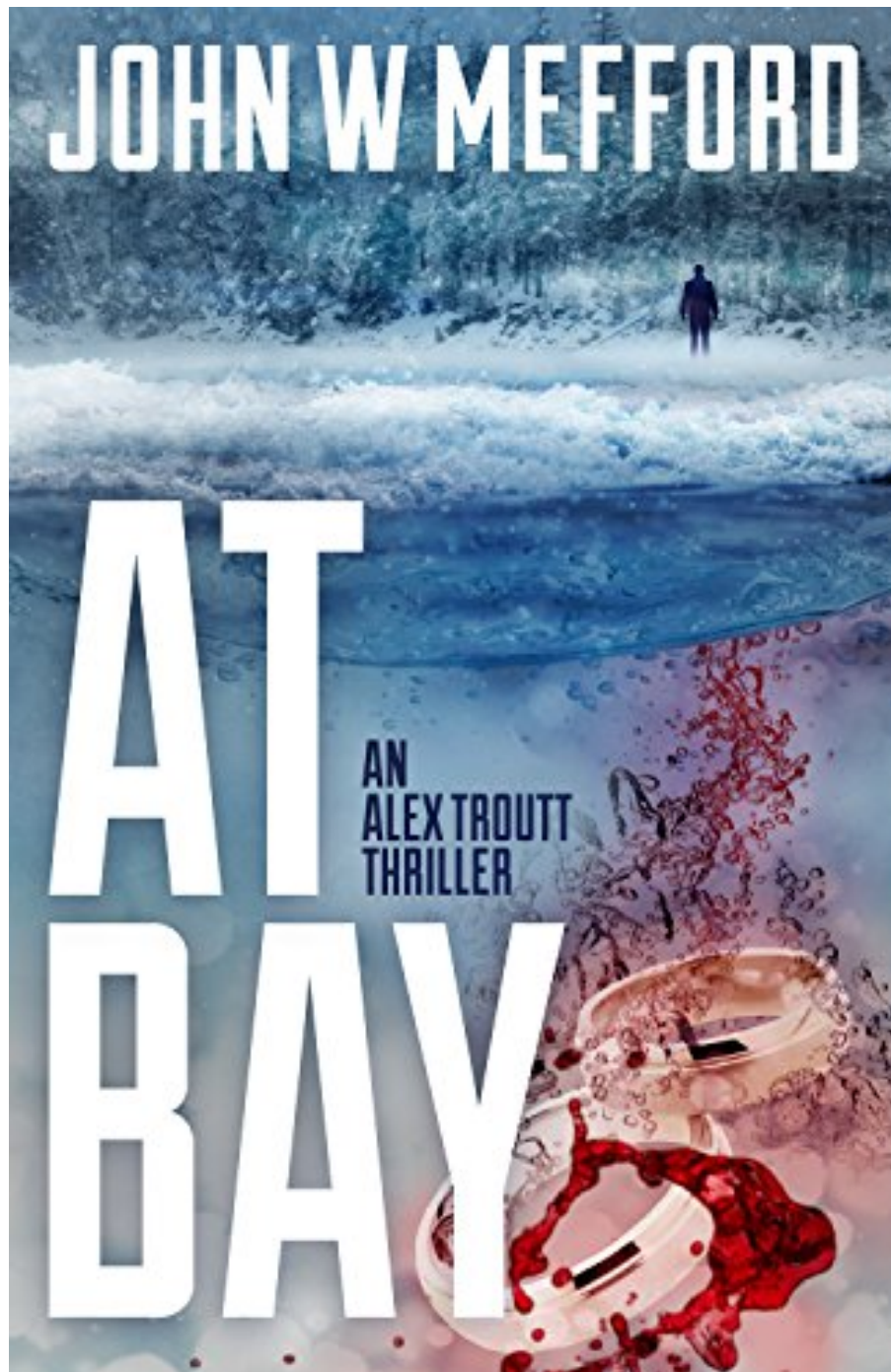


**AT BAY (AN ALEX TROUTT THRILLER,
BOOK 1) BY JOHN W. MEFFORD**



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About the Author

A veteran of the corporate wars, former journalist, and true observer of human and social behavior, bestselling author John W. Mefford has been writing novels since he first entered the work force twenty-five years ago, although he never put words on paper until late 2009. John writes novels full of intrigue, suspense, and thrills, but they also evoke an emotional connection with the characters. When he's not writing, he chases three kids around, slaves away in the yard, reads, takes in as many sports as time allows, watches all sorts of movies, and continues to make mental notes of people and societies across the land. John lives in Frisco, Texas with his beautiful wife, three opinionated kids, and a feisty fat cat who rules the world.

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"Mefford hit another home run! Not only did I enjoy the novel but I immediately took to Alex." Amazon reviewer

"Well-crafted suspense thriller! Baldacci and Coulter fans should enjoy this book." Amazon reviewer

"An irresistible protagonist has hit the scene." Amazon reviewer

Alexandra Giordano never knew she had it so good. Until it was all gone in an instant.

As she begins her daunting quest to uncover the black spots on her memory, what she finds isn't sweet or charming or even pleasant. And that's when she begins to question everything, including herself.

Her work as a Special Agent for the FBI is only a distraction, serving as a mental metronome...anything to crank the gears of her feeble mind.

And then it happens—a bizarre, ritualistic murder. She loses herself in her work, fully immersed in the investigation. Unable to recall even her own kids, she's somehow able to formulate coherent theories on what type of person could pull off such a sickening act.

As her mind slowly plugs a few memory gaps, her emotions are scrambled by the reality of her worlds colliding. And the resulting explosion tears her in two.

Can she pick up all the incendiary fragments to solve the twisted crime while she clings to some semblance of sanity?

One woman can only keep so much...AT Bay.

Books in the Alex Troutt Thriller Series:

AT Bay

AT Large

AT Once

AT Dawn

AT Dusk

AT Last

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- Published on: 2016-01-08
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- Format: Kindle eBook

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Most helpful customer reviews

8 of 9 people found the following review helpful.

My Favourite John Mefford Book So Far

By Eloise Robbertze

A great debut mystery in the new Alexandra Giordano (nee Troutt) series! Alex wakes up into a nightmare! She is lying in a hospital bed, suffering from amnesia, being told she is recovering from an accident. But is it true? She doesn't know anyone around her, and that includes her husband, children and colleagues! She is told that she is an FBI Special Agent (this you don't doubt as her skills are quickly put to the test), a mother and the wife of a wealthy attorney. But with no memories of her life, she struggles to trust anyone, especially her husband who shows little love and compassion.

As her memories start to return, she realizes that most of them are of her work, not her friends and family life. Her first case, involving a serial killer, sees her teaming up with her former partner, Nick. Now, not only must she find the killer, but she must find herself too!

I really enjoyed getting to know Alex. She's sassy, smart, tough and obviously very good at her job. She questions herself as a wife and mother, as she deals with two precocious, rude children, an absent husband and a nanny that seems to have taken her role in the family. Her character was well developed through the book, so that although she (and the reader) had no idea who she really is, getting to know her was an intriguing journey. I'm sure further books in the series will reveal even more juicy tidbits.

The plot was well thought out, with a good thriller-feel and some interesting twists. I look forward to reading the next book in the series.

5 of 5 people found the following review helpful.

Strong female lead character, tight story line, great read

By A Customer

I received a copy of this book in return for an honest review.

I first "met" John Mefford through a free copy of "Streets of Mayhem". When I got the chance to read AT Bay in return for a review, I took it. And I'm glad I did.

We meet Alex Troutt when she's in the hospital following a car accident, dealing with amnesia and wondering who all of the people are in her room. They try to tell her about herself...wife, mom, FBI agent...but she remembers none of it, although pieces work their way out of her brain as parts of the "old" Alex respond to various comments. (And she's typically a bit snarky, which is great.)

We follow her as she wonders why certain people (like the slutty nanny) are in her life, as she tries to figure out why she was in an accident, and as she tries to learn how to relate to her husband. Her ingrained skills come out as different situations arise, and she starts to realize that she really was a pretty good FBI agent. It's fascinating watching how her brain remembers little things (her former partner was a marathon runner, for example) while not remembering others (why does her daughter dress that way? what kind of mother was she? does she really love her husband?).

I gave this four stars because I got tripped up in a couple of places (partly because I live in the area where the story takes place and partly because of a couple of unresolved issues), but those things were really minor. I look forward to reading the next story in the series...Mefford has created a complex female character who will be dealing with a variety of issues for books to come. (Not all characters are as complex, at least not right now.)

4 of 4 people found the following review helpful.

An Enthralling New Series!

By Lynchburg Mama - Shelly

Imagine having everything your heart could desire and then it's suddenly ripped out of your hands. Putting myself in Alex's shoes, I think I may have lost my mind - literally. But this woman is tough. So tough that she heads right back to work despite the difficulties that plague her. This thriller is the first of what I hope to be a long series because I'm already addicted! Her character is extremely consistent in growing from start to finish. I especially love how she reinvigorates herself in her career and grows into quite an amazing agent. I think as the series continues, she'll get bits and pieces back that will help shape Alex even more but will also aid in her cases. Honestly, I was a bit sad as I neared the end of the book. Everything started coming together and I knew that it'd soon be over. Book two can't get here fast enough!

If you haven't read anything of John W. Mefford's before, I highly recommend this book along with his Booker series. I should have learned by now that Mefford's ability to enthrall me in his books has no boundaries.

I received this book to review through Beck Valley Books Book Tours, all the opinions above are 100% my own.

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